

Herbalife Weight Loss Programmes

Basic	Core	Basic + F3	Quick Start	Advanced Max	Advanced Mini	Enhancers
1 x F1 Nutritional Shake Feeds your body in perfect balance	1 x F1 Nutritional Shake Feeds your body in perfect balance	1 x F1 Nutritional Shake Feeds your body in perfect balance	1 x F1 Nutritional Shake Feeds your body in perfect balance	1 x F1 Nutritional Shake Feeds your body in perfect balance	1 x F1 Nutritional Shake Feeds your body in perfect balance	Choose any program
1 x Fibre & Herb Supplement Removes waste & toxins, adds fibre	1 x Fibre & Herb Supplement removes waste & toxins, adds fibre	1 x Fibre & Herb Supplement removes waste & toxins, adds fibre	1 x Fibre & Herb Supplement removes waste & toxins, adds fibre	1 x Fibre & Herb Supplement removes waste & toxins, adds fibre	1 x Fibre & Herb Supplement removes waste & toxins, adds fibre	Add Thermojetics to speed up cm loss
	1 x F2 Multivitamin assists with cell volume and replaces lost minerals	1x F3 Personalised Protein Powder meets your daily protein needs	1 x F2 Multivitamin assists with cell volume and replaces lost minerals	1 x F2 Multivitamin assists with cell volume and replaces lost minerals	1 x F2 Multivitamin assists with cell volume and replaces lost minerals	Add Thermo Complete to burn fat
			1x F3 Personalised Protein Powder meets your daily protein needs	1x F3 Personalised Protein Powder meets your daily protein needs	1x F3 Personalised Protein Powder meets your daily protein needs	Add Herbal Complex to reduce water retention & cellulite
				1x 100g Thermojetics boosts metabolism, energy, supports weight loss	1x 50g Thermojetics boosts metabolism, energy, supports weight loss	Add Lipobond to “catch” new fat – also know as “cheaters delight”

F1 Nutritional Shake is available in the following flavours: *Vanilla, Strawberry, Tropical Fruit, Chocolate or Cookies & Cream* – please specify your flavor when ordering.

For more information regarding pricing & product info, please contact **Danita Nortje** via email danita@shapelife.co.za

Our Herbalife products are not intended to treat, diagnose, cure or prevent any illness. Always consult your doctor for treatment of diseases. If you have been diagnosed with any condition or taking prescribed medication, it is important for you to have a discussion with your healthcare qualified before making any significant changes to your diet or lifestyle, including the use of any supplements or any meal replacement products.